

## Weight Management

**Pyridoxine (B6):** Promotes red blood cell production and converts food to energy.

**Methionine:** Helps break down sugars & carbohydrates and convert to energy.

**Inositol:** Converts food to energy

**Choline:** Healthy nerve cells, cuts muscle recovery time, helps convert fat to energy.

**Cyanocobalamin B12:** Energy, healthy nerve cells.

**Hydroxocobalamin B12:** Energy, healthy nerve cells. More bio available than cyanocobalamin.

**Carnitine:** Building block for proteins, helps body burn fat as fuel.

**Thiamine (B1):** Improves immune system, helps convert fat and carbohydrates into energy.

**Riboflavin (B2):** Increases metabolism, supports immune system.

**Glutathione:** A powerful antioxidant that helps the liver filter heavy metals and other toxins from the blood. Enhances immune system.

## Vitamin Cocktails

### MICC Fat Burning Formula

10ml and 30ml MDV (methionine 25mg, inositol 50mg, choline 50mg, cyanocobalamin 333mcg)

### LIPO – MINO MIX Fat Burning and Energy

10ml and 30ml MDV (inositol 25mg, choline 25mg, cyano B12 1mg, methionine 12.4mg, choline 125mg, thiamine B1 50mg, riboflavin B2 5mg, pyridoxine B6 2mg, L-Carnitine 125mg)

### LIPOSTAT PLUS

30ML MDV (methionine 25mg, inositol 50mg, choline 50mg, cyano B12 1mg, pyridoxine B6 175mcg)

### LIPOSTAT PLUS SF (sulfur free)

30ML MDV (inositol 50mg, choline 50mg, cyano B12 1mg, pyridoxine B6 175mcg)

## Olympia Weight Management Protocol

- **Naltrexone** (Oral, nightly) 1.5mg - 4.5mg
- **Sermorelin** (Sub Q injection, nightly) 150- 300mcg
- **Lipo-Trim SL** (Oral Sublingual Spray, daily) 1ml

## Metabolism Enhancers

- **B12 Cyanocobalamin** 1mg/ml 10ml MDV
- **B12 Hydroxocobalamin** 10mg/ml 10ml, 30ml MDV
- **Glutathione** 200mg/ml 30ml MDV